

Abstract of the Disclosure

The present invention relates to a method and system for home medical management in which a report, a one-page, one-sided, printed record visible by the naked eye of medical and personal emergency information is generated. The report is adapted to be used on a daily basis and carried on the person. A first template is provided for entering first data related to emergency contact information, medical history information and personal information. A second template is provided for entering second data related to medication information. The first and second data are mapped to predetermined locations of the report. The report is generated to include the emergency contact information in an emergency contact section, the medical history information in a medical history section, the personal information in a personal information section and the medication information in a medication information section. The first template can also provide for entering of data related to insurance information and pharmacy information and other types of information. The medication section of the report can include rows representing each type of medication by name. The medication section can also include columns directed to a graphic illustration of each medication, the dosage, the physician prescribing the information and the time of the day for taking each medication. The report can be used as a life saving device in an emergency situation to provide emergency personnel with required information. The report can be also used during doctor visits and hospital stays to eliminate mistakes and on a daily basis to manage the individual's taking of medications.